

notables[®] Chocolate Graham Snack

MFG#35154

Snack Items

**MJM[®] Chocolate Bear
Grahams**

notables[®] Fruit Punch

Basic Information

Serving Size	1 ounce (28g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	1.25 Fruit

Nutrition Information

Calories	112	90
Cal from Fat	27	0
Total Fat (g)	3	0
Sat Fat (g)	1	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	100	10
Carbs (g)	20	23
Fiber (g)	2	0
Sugars (g)	7	22
Protein (g)	2	0
Vitamin A	6%	0%
Vitamin C	6%	100%
Calcium	2%	10%
Iron	15%	0%

Ingredient lists

Chocolate Grahams Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, partially hydrogenated soybean and cottonseed oils, cocoa (processed with alkali), salt, sodium bicarbonate, natural flavors, monocalcium phosphate, added vitamins and iron (ascorbic acid, vitamin A palmitate, niacinamide, iron/electrolytic, riboflavin, thiamin mononitrate, maltodextrin as carrier).
Allergen Information: Contains wheat

Fruit Punch Juice Apple and pear juice from concentrate (pure filtered water and juice concentrates), calcium citrate, natural flavor, ascorbic acid (vitamin C), vitamin D3, citric acid.

24-Mar-14

Sarah Lindberg, SNS
Executive Director-notables[®]

notables® Cinnamon Graham Snack

MFG#35155

Snack Items

MJM® Cinnamon Grahams

notables® Fruit Punch

Basic Information

Serving Size	1 ounce (28g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	1.25 Fruit

Nutrition Information

Calories	112	90
Cal from Fat	29	0
Total Fat (g)	3	0
Sat Fat (g)	1	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	140	10
Carbs (g)	20	23
Fiber (g)	1	0
Sugars (g)	7	22
Protein (g)	1	0
Vitamin A	6%	0%
Vitamin C	6%	100%
Calcium	0%	10%
Iron	10%	0%

Ingredient lists

Cinnamon Grahams Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, partially hydrogenated soybean and cottonseed oil, high fructose corn syrup, honey, salt, cinnamon, sodium bicarbonate, molasses, added vitamins and iron (ascorbic acid, vitamin A palmitate, niacinamide, iron/electrolytic, riboflavin, thiamin mononitrate, maltodextrin as carrier).
Allergen Information: Contains wheat

Fruit Punch Juice Apple and pear juice from concentrate (pure filtered water and juice concentrates), calcium citrate, natural flavor, ascorbic acid (vitamin C), vitamin D3, citric acid.

24-Mar-14

Sarah Lindberg, SNS
Executive Director-notables®

notables® Pretzel Goldfish Snack

MFG#35156

Snack Items

Pepperidge Farm® Pretzel
Goldfish

notables® Fruit Punch

Basic Information

Serving Size	0.75 ounce (21g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	1.25 Fruit

Nutrition Information

Calories	90	90
Cal from Fat	15	0
Total Fat (g)	1.5	0
Sat Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	300	10
Carbs (g)	17	23
Fiber (g)	<1	0
Sugars (g)	<1	22
Protein (g)	2	0
Vitamin A	0%	0%
Vitamin C	0%	100%
Calcium	0%	10%
Iron	4%	0%

Ingredient lists

Pretzel crackers Whole wheat flour, unbleached enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), vegetable oils (canola, sunflower and/or soybean oil), contains 2% or less of: salt, baking powder (sodium acid pyrophosphate, baking soda, cornstarch, monocalcium phosphate), malted barley flour, enzymes, nonfat dry milk*. *adds a trivial amount of cholesterol.

Fruit Punch Juice Apple and pear juice from concentrate (pure filtered water and juice concentrates), calcium citrate, natural flavor, ascorbic acid (vitamin C), vitamin D3, citric acid.

24-Mar-14

Sarah Lindberg, SNS
Executive Director-notables®

notables® Cheddar Goldfish Snack
MFG#35157

Snack Items

**Pepperidge Farm® Whole Grain
Cheddar Goldfish Crackers**

notables® Fruit Punch

Basic Information

Serving Size	0.75 ounces (21g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	1.25 Fruit

Nutrition Information

Calories	100	90
Cal from Fat	30	0
Total Fat (g)	3.5	0
Sat Fat (g)	1	0
Trans Fat (g)	0	0
Cholesterol (mg)	<5	0
Sodium (mg)	170	10
Carbs (g)	14	23
Fiber (g)	1	0
Sugars (g)	0	22
Protein (g)	3	0
Vitamin A	0%	0%
Vitamin C	0%	100%
Calcium	2%	10%
Iron	2%	0%

Ingredient lists

- Goldfish Crackers Whole grain wheat flour, unbleached enriched wheat flour [flour, niacin, reduced iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid], cheddar cheese [(pasteurized cultured milk, salt, enzymes), annatto], vegetable oils (canola, sunflower and/or soybean), contains 2 percent or less of: salt, yeast, autolyzed yeast, spices, leavening (baking soda, monocalcium phosphate) and onion powder.
- Fruit Punch Juice Apple and pear juice from concentrate (pure filtered water and juice concentrates), calcium citrate, natural flavor, ascorbic acid (vitamin C), vitamin D3, citric acid.

24-Mar-14

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