

notables® Pretzel Goldfish Snack
MFG#35156

Snack Items

Pepperidge Farm® Pretzel
Goldfish

100% Fruit Punch Juice

Basic Information

Serving Size	0.75 ounce (21g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	1.25 Fruit

Nutrition Information

Calories	90	90
Cal from Fat	15	0
Total Fat (g)	1.5	0
Sat Fat (g)	0	0
Trans Fat (g)	0.5	0
Cholesterol (mg)	0	0
Sodium (mg)	300	10
Carbs (g)	17	23
Fiber (g)	20	0
Sugars (g)	2	22
Protein (g)	2	0
Vitamin A	200%	0%
Vitamin C	0%	100%
Calcium	0%	10%
Iron	4%	0%

Ingredient lists

Pretzel crackers
Whole wheat flour, unbleached enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), vegetable oils (canola, sunflower and/or soybean oil), contains 2% or less of: salt, baking powder (sodium acid pyrophosphate, baking soda, cornstarch, monocalcium phosphate), malted barley flour, enzymes, nonfat dry milk*. *adds a trivial amount of cholesterol. **CONTAINS WHEAT AND MILK. MAY CONTAIN SOY.**

100% Fruit Punch Juice
Apple and pear juice from concentrate (pure filtered water and juice concentrates). Calcium citrate, natural flavor, ascorbic acid (Vitamin C), Vitamin D3. Citric acid.

1-Jul-17

Sarah Lindberg, SNS
Executive Director-notables

notables® Cheddar Goldfish Snack
MFG#35157

Snack Items

**Pepperidge Farm® Whole
Grain Cheddar Goldfish
Crackers**

100% Fruit Punch Juice

Basic Information

Serving Size	0.75 ounces (21g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	1.25 Fruit

Nutrition Information

Calories	100	90
Cal from Fat	35	0
Total Fat (g)	4	0
Sat Fat (g)	0.5	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	170	10
Carbs (g)	14	23
Fiber (g)	1	0
Sugars (g)	0	22
Protein (g)	2	0
Vitamin A	0%	0%
Vitamin C	0%	100%
Calcium	2%	10%
Iron	4%	0%

Ingredient lists

Goldfish Crackers

Whole grain wheat flour, unbleached enriched wheat flour [flour, niacin, reduced iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid], cheddar cheese [(pasteurized cultured milk, salt, enzymes), annatto], vegetable oils (canola, sunflower and/or soybean), contains 2 percent or less of: salt, yeast, autolyzed yeast, spices, leavening (baking soda, monocalcium phosphate) and onion powder.
CONTAINS WHEAT AND MILK. MAY CONTAIN SOY.

100% Fruit Punch Juice

Apple and pear juice from concentrate (pure filtered water and juice concentrates). Calcium citrate, natural flavor, ascorbic acid (Vitamin C), Vitamin D3. Citric acid.

1-Jul-17

Sarah Lindberg, SNS
Executive Director-notables®

notables[®] Strawberry Fields Snack

MFG# 72996

Breakfast Items

notables[®] Strawberry
Fields Grahams

100% Fruit Punch Juice

Basic Information

Serving Size	1 ounce (28g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	.75 Fruit

Nutrition Information

Calories	100	90
Cal from Fat		0
Total Fat (g)	3	0
Sat Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	50	10
Carbs (g)	19	23
Fiber (g)	1	0
Sugars (g)	8	22
Protein (g)	2	0
Vitamin A	0%	0%
Vitamin C	0%	100%
Calcium	0%	10%
Iron	6%	0%

Ingredient lists

Strawberry Fields Grahams Whole wheat flour, sugar, bleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sunflower oil, strawberries, cinnamon, honey, invert syrup, salt, natural flavor, leavening (baking soda), soy lecithin, eggs, milk.
CONTAINS WHEAT, EGG, SOY AND MILK

100% Fruit Punch Juice Apple and pear juice from concentrate (pure filtered water and juice concentrates). Calcium citrate, natural flavor, ascorbic acid (Vitamin C), Vitamin D3. Citric acid.

notables[®] Apple Orchard Snack

MFG# 72997

Breakfast Items

notables[®] Apple
Orchard Grahams

100% Fruit Punch Juice

Basic Information

Serving Size	1 ounce (28g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	1.25 Fruit

Nutrition Information

Calories	100	90
Cal from Fat		0
Total Fat (g)	3	0
Sat Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	50	10
Carbs (g)	19	23
Fiber (g)	1	0
Sugars (g)	8	22
Protein (g)	2	0
Vitamin A	0%	0%
Vitamin C	0%	100%
Calcium	0%	10%
Iron	6%	0%

Ingredient lists

Apple Orchard
Grahams

Whole wheat flour, sugar, bleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sunflower oil, strawberries, cinnamon, honey, invert syrup, salt, natural flavor, leavening (baking soda), soy lecithin, eggs, milk.
CONTAINS WHEAT, EGG, SOY AND MILK

100% Fruit Punch
Juice

Apple and pear juice from concentrate (pure filtered water and juice concentrates). Calcium citrate, natural flavor, ascorbic acid (Vitamin C), Vitamin D3. Citric acid.

notables[®] Carrot Patch Snack

MFG# 72998

Breakfast Items

notables[®] Carrot Patch
Grahams

100% Fruit Punch Juice

Basic Information

Serving Size	1 ounce (28g)	6.75 fl. ounce
SBP Contribution	1 Grain Equivalent	1.25 Fruit

Nutrition Information

Calories	110	90
Cal from Fat		0
Total Fat (g)	3	0
Sat Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	50	10
Carbs (g)	19	23
Fiber (g)	1	0
Sugars (g)	8	22
Protein (g)	2	0
Vitamin A	0%	0%
Vitamin C	0%	100%
Calcium	0%	10%
Iron	6%	0%

Ingredient lists

Carrot Patch
Grahams

Whole wheat flour, sugar, bleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sunflower oil, carrots, cinnamon, honey, invert syrup, salt, natural flavor, leavening (baking soda), soy lecithin, caramel color, eggs, milk.

CONTAINS WHEAT, EGG, SOY AND MILK

100% Fruit Punch
Juice

Apple and pear juice from concentrate (pure filtered water and juice concentrates). Calcium citrate, natural flavor, ascorbic acid (Vitamin C), Vitamin D3. Citric acid.